

## 2017 GIRLS BOX LACROSSE RULES – INDOOR DULLES

**Girls Youth Grades:** 3/4, 5/6, & 7/8 (6 field players + goalie)

**Girls HS (JV/Varsity):** (6 field players + goalie,)

Two 25-minute halves (running time). 5 minutes in between halves.

CENTER LINE (MID FIELD) – IS THE RESTRAINING LINE

GOALIE CAN NOT CROSS CENTER LINE. GOALIE CAN NOT SCORE.

YOUTH - 6 field players on field, a team must not have more than 5 players below the center line on their offensive end and not more than 6 on the defensive end to include the goalie (one pair of field players from each team must be behind center line). Player can go offside temporarily to sub close to sideline bench area.

HS – 6 field players on field, a team must not have more than 5 players below the center line on their offensive end and not more than 6 on the defensive end to include the goalie (one pair of field players from each team must be behind center line).

No checking allowed at 3<sup>rd</sup>/4<sup>th</sup>. Modified checking allowed at 5<sup>th</sup>/6<sup>th</sup> & 7<sup>th</sup>/8<sup>th</sup>.

**3-second good defense in effect for all youth grade levels.**

Full check allowed at HS. Shooting space will be called often for safety. There is no 8 meter mark, so it will be at the officials' discretion.

**(For Youth Grades: 3/4, 5/6, & 7/8) ONE-PASS RULE ANYWHERE ONFIELD, INCLUDING GOALIE CLEAR. ANY TURNOVER OR INTERCEPTION, A PASS IS REQUIRED.**

Ball is in-play off the back of the black netting behind goals and off the boards.

A shot on goal or a pass that goes out-of-bounds is a turnover.

**Back Court Rule in effect:** once ball advances over centerline, it cannot go backcourt unless shot off goal or goalie.

Coaches not allowed on field.

All teams must supply a goalie, as well as goalie equipment. Goalie gear will **not** be provided.

No stick check required before game. Sticks are expected to be legal, if found illegal by official during game, player must fix and then can return. If after a goal scored by illegal stick, goal won't count.

Regular stick length 3/4, 5/6, 7/8, & HS.

No Parents behind or near bench side, or behind goal area (black netting), or at scorer's table/tent.

Draws to start game and half

5-goal differential-free goalie clear to teammate after a goal.

Only 2 players at center taking the draw—everyone else behind blue line by goal.

Substitutions on fly. Team must clear after every goal or change of possession in defensive half, 10 secs to clear ball over midfield once possession is gained.

Yellow cards: player comes off, serves time (2min), and their team plays down a player on their attacking end. Teams must maintain the one pair from each team behind the center line. If team gets three or more yellow cards, team plays down a player for remainder of that game. Restraining line rule continues to be in effect.